


A QUICK STRATEGY FOR

# USING THE HoNOS

TO HELP PLAN FOR

## CARE & RECOVERY

IN THE TEAM MEETING

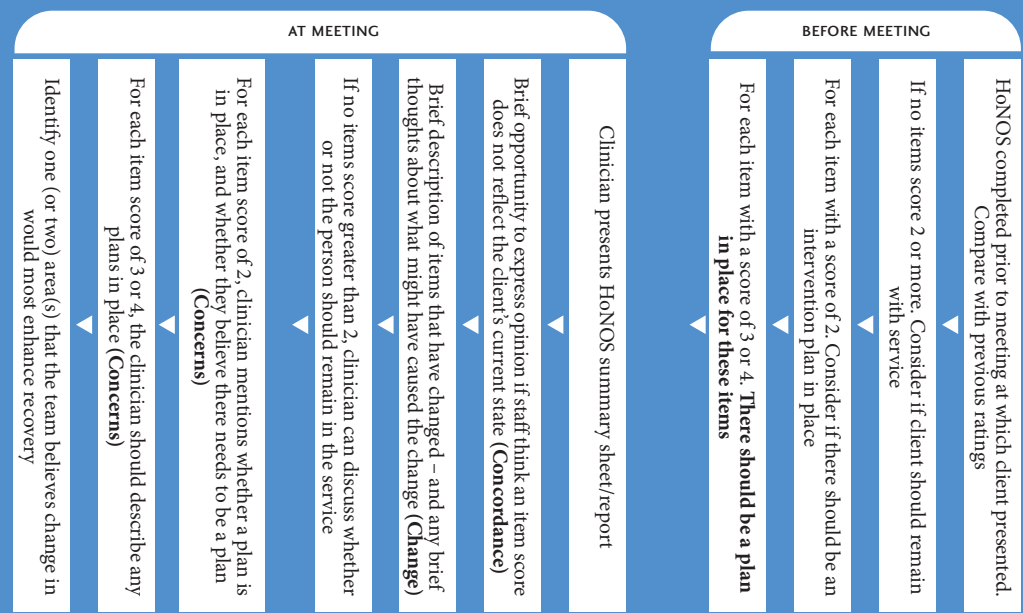





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KEY QUESTIONS

1. Are we the right service?
  - ▶ Identifying people who could/should be discharged/permission to discharge
- 2a. Concordance
  - ▶ Encourage fuller, multi-perspective understanding of the person
- 2b. Change
  - ▶ Identifying positive and negative changes over time
- 2c. Concerns
  - ▶ Identifying issues to be addressed, and the plans to address them
3. Priorities
  - ▶ Specifying highest priority changes to promote recovery

SUGGESTED PROCESS FOR USING HONOS IN TEAM MEETINGS TO PLAN FOR CARE & RECOVERY



1. ARE WE THE RIGHT SERVICE? 	2. CHECK OUT THE THREE C'S			3. CHOOSE THE TOP PRIORITY 
<p>If the person's HoNOS has no items that score 2 or more, are we the right service for this person?</p> <p>We may be – there may be reasons not captured by the HoNOS that make us right for this person. However, if no items score over 2, it is well worth stating how we can help and asking if their wants and needs may be better met by transfer to a different kind of service. People with scores of greater than 2 may also be most appropriate for transfer, with the right support.</p>	<p><b>2a. Concordance</b></p> <p>Do we agree with the HoNOS ratings that have been given? This includes the rater, the service user and other clinicians.</p> <p>This does not need to be a debate. In general the raters' rating should stand unless they decide to change it. However, this is an option for others to <b>briefly</b> say that they think that a rating should be different, and why. Even without the rating changing, these opinions are useful to help with recovery planning.</p>	<p><b>2b. Change</b></p> <p>What has changed since the HoNOS was last completed? Includes both positive and negative change.</p> <p>This is a very brief summary of items that have got better or worse, and, if known, why they may have changed.</p>	<p><b>2c. Concerns</b></p> <p>What are the areas of concern and what plans are, or should be in place to address these?</p> <p>For each item with a score of 2: Ask the question "Do we need a plan to help address this item now?"</p> <p>If the answer is <b>yes</b>, identify or develop the plan to address this issue and ensure it is put in the person's recovery plan.</p> <p>For each item with a score of 3 or 4 – a plan is needed! If the plan cannot be developed right now, ensure that a person and process is identified to develop it.</p>	<p>Identify one (or at most two) areas of concern that you most want to change by the next HoNOS</p> <p>This will often, but not always, be the item with the highest score. It will usually be the item which you think can most contribute to recovery. For example, if the team felt that an unsatisfactory living arrangement (scoring a 3) was a major contributor to the person's distressing hallucinations (scoring a 4), then helping to improve their living situation may be made the top priority. Of course, all reasonable steps would also be taken to help address other items (e.g. the hallucinations).</p>

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### AT MEETING

- Clinician presents HoNOS summary sheet/report
- Brief opportunity to express opinion if staff think an item score does not reflect the client's current state (**Concordance**)
- Brief description of items that have changed – and any brief thoughts about what might have caused the change (**Change**)
- If no items score greater than 2, clinician can discuss whether or not the person should remain in the service
- For each item score of 2, clinician mentions whether a plan is in place, and whether they believe there needs to be a plan (**Concerns**)
- For each item score of 3 or 4, the clinician should describe any plans in place (**Concerns**)
- Identify one (or two) area(s) that the team believes change in would most enhance recovery

### BEFORE MEETING

SUGGESTED PROCESS FOR USING HONOS IN TEAM MEETINGS  
TO PLAN FOR CARE & RECOVERY

- HoNOS completed prior to meeting at which client presented. Compare with previous ratings
- If no items score 2 or more. Consider if client should remain with service
- For each item with a score of 2. Consider if there should be an intervention plan in place
- For each item with a score of 3 or 4. **There should be a plan in place for these items**

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