



**Tāku Reo, Tāku Mauri Ora**  
**My Voice, My Life**

Developing a Self-Assessed Consumer  
Outcome Measure for Aotearoa/New Zealand

**Information up-date 3**  
**Date: 10<sup>th</sup> August 2006.**

Case Consulting is pleased to be the host institution for the three year project to develop a psychometrically sound self-assessed standard measure of outcome for routine use by consumers/tāngata whai ora of mental health services in New Zealand. Once developed, it is intended that the measure will be implemented through the national mental health outcomes initiative (MH-SMART).

Please note that this is the third up-date on the progress of this project. If you wish to receive the previous up-dates please get in touch with us and we will forward them on to you.

**Progress report:**

It is all very exciting! We are now beginning the national pilot of the preliminary measure that has been developed. We are inviting mental health consumers/tāngata whai ora aged between 18 and 65 to take part in the pilot by completing the preliminary measure.

The measure begins with some general questions. This information will be used to make sure we get feedback on the measure from a range of people.

Following the general questions, a number of statements are presented and participants are requested to think about each statement and identify the option that best describes how they have generally been over the past week (including today).

At this stage the measure is quite large (containing 147 individual items). Please don't get concerned about this – it is part of the plan! We are expecting 500 (or more) mental health consumers/tāngata whai ora will participate in the pilot by completing this preliminary measure so we can work out which are the best statements to use in a shorter, revised version.

The preliminary measure takes approximately twenty minutes to complete. Members of the consumer/tāngata whai ora reference group to the project, who are based in various locations around the country, are currently facilitating opportunities for people in their networks and organisations to be involved in the pilot. Keep a look out for notices and information if you are keen to be involved.

We have also secured booths, where information about the project will be available and where people will have the opportunity to participate in the pilot, at the Balance NZ training days (21<sup>st</sup>-24<sup>th</sup> September), Midland Regional Mental Health and Addictions conference (26<sup>th</sup>-27<sup>th</sup> September), Building Bridges conference (31<sup>st</sup> October - 2<sup>nd</sup> November) and Valuing Madness conference (21<sup>st</sup> – 24<sup>th</sup> November).

Please feel free to distribute this information to anyone you think may be interested in this project. We are planning to prepare and distribute a progress report every three months. If you would like receive a copy of this document directly please send your contact details through to Sarah O'Connor, [admin.caseconsulting@paradise.net.nz](mailto:admin.caseconsulting@paradise.net.nz).

