



**Tāku Reo, Tāku Mauri Ora
My Voice, My Life**

Developing a Self-Assessed Consumer
Outcome Measure for Aotearoa/New Zealand

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The preliminary work towards the development of a self-assessed measure of consumer outcome identified, based on a thorough review, evaluation and consultation process, that existing self-assessed measures are seriously wanting. However there was considerable consensus, through both the literature and the consultation, on 12 domains critical for inclusion in any future measure. As a result of these findings, it was recommended that a project be established for a self-assessed measure to be developed and tested by consumers/tāngata whai ora in Aotearoa/New Zealand.

Case Consulting is pleased to be the host institution for the three year project to develop a psychometrically sound self-assessed standard measure of outcome for routine use by consumers/ tāngata whai ora of mental health services in New Zealand. Once developed, it is intended that the measure will be implemented through the national mental health outcomes initiative (MH-SMART).

The project involves four phases: Development phase (identification and organisation of processes and personnel associated with the work; preliminary measure developed); Piloting phase (pilot of preliminary measure; refinement of preliminary measure); Revision phase (re-testing and fine-tuning of refined measure; development of normative data); Reporting phase (development of information collection protocols and guidelines for use of measure; report on project).

All aspects of the project have been planned to ensure consumer/tāngata whai ora leadership and focus throughout. The six person research team and consumer/ tāngata whai ora reference group to the project (which consists of fifteen persons from around Aotearoa/New Zealand who reflect a wide range of consumer/tāngata whai ora experience, perspectives, background, and networks) have branded the project as Tāku Reo, Tāku Mauri Ora My Voice, My Life.

The first phase of the project is nearly complete. It is anticipated that the piloting of the preliminary measure will begin mid way through this year. In order to embark on the piloting of the measure ethics approval is required and the process to gain that approval is being progressed at the present time.

Please feel free to distribute this information to anyone you think may be interested in this project. We are planning to prepare and distribute a progress report every three months. If you would like receive a copy of this document directly please send your contact details through to Sarah O'Connor, admin.caseconsulting@paradise.net.nz.