



Tāku Reo, Tāku Mauri Ora
My Voice, My Life

Developing a Self-Assessed Consumer
Outcome Measure for Aotearoa/New Zealand

Information up-date 6

Date: 6th September 2007

Case Consulting is pleased to be the host institution for the three year project to develop a psychometrically sound self-assessed standard measure of outcome for routine use by consumers/tāngata whai ora of mental health services in New Zealand. Once developed, it is intended that the measure will be implemented through the national mental health outcomes initiative (MH-SMART).

Please note that this is the sixth up-date on the progress of this project. If you wish to receive the previous up-dates please get in touch with us and we will forward them on to you.

Progress Report

A total of 504 completed preliminary measures were inputted into a SPSS data analysis system. The information generated through the SPSS system was used to inform the refinement of the measure.

Although the psychometric analysis showed that all items of the preliminary measure were very good, it was necessary that a number of items be removed to reduce it in size. The first draft of the revised measure contained 85 items across 11 domains.

The reference group and the project team reviewed the draft of the revised measure. The reference group recommended some amendments of which the project team were in agreement. The final result is a measure which contains 80 items in total across 11 domains. 65 of the items are general and 15 are Māori specific items.

At the beginning of October, we will start re-testing the revised 80 item measure through three services including an acute in-patient service, a Kaupapa Māori service and a community mental health service. Consumers/tāngata whāi ora will be invited to participate in the testing of the revised measure. Information gathered through the testing of the revised measure will be analysed in respect of reliability, validity, acceptability and sensitivity to change.

Based on the information gathered through this analysis, the revised measure will be fine tuned and normative data will be developed for the purpose of interpreting the results generated through the measure.

At the present time we are preparing a presentation on the project for He Kakano: Planting the Seeds - the Australasian Mental Health Outcomes conference which is being held 2nd-4th October 2007.

Please feel free to distribute this information to anyone you think may be interested in this project. We prepare and distribute a progress report every three months. If you would like receive a copy of this document directly please send your contact details through to Sarah O'Connor:
saraho@caseconsulting.co.nz.