



**Tāku Reo, Tāku Mauri Ora**  
**My Voice, My Life**

Developing a Self-Assessed Consumer  
Outcome Measure for Aotearoa/New Zealand

## **Information up-date 5**

**Date: 22<sup>nd</sup> May 2007.**

Case Consulting is pleased to be the host institution for the three year project to develop a psychometrically sound self-assessed standard measure of outcome for routine use by consumers/tāngata whai ora of mental health services in New Zealand. Once developed, it is intended that the measure will be implemented through the national mental health outcomes initiative (MH-SMART).

Please note that this is the fifth up-date on the progress of this project. If you wish to receive the previous up-dates please get in touch with us and we will forward them on to you.

### **Progress report:**

A big thank you to all of you that took the time and effort to participate in the pilot of the preliminary measure. Due very much to your response (and to the surprise of some long standing researchers!) we managed to achieve our target of 500 completed measures. This serves to mark another unique feature of this project – that that many people have had input in the development of the measure already – at this preliminary stage.

We have now started the analysis of the information collected through the pilot of the preliminary measure – this began after a few very committed people worked to input (on a computer) the responses to every one of the 147 items in each of the 500 completed measures. The information we generate through the analysis of the preliminary measures will inform the refinement of the measure down to a measure that has between 36-60 items.

Once refined, the measure will be re-tested through a number of different types of services, including:

- An acute hospital based service
- An acute community based service
- A sub-acute peer run recovery service
- A sub-acute Kaupapa Māori service
- A residential accommodation service
- A community mental health service.

In the meantime we are planning on presenting (that is, of course, if our abstract gets accepted) the results of the analysis of the information collected through the preliminary pilot, and the refined measure, at He Kakano: Planting the Seeds – the Australasian Mental Health Outcomes conference to be held 2<sup>nd</sup>-4<sup>th</sup> October 2007.

Please feel free to distribute this information to anyone you think may be interested in this project. We prepare and distribute a progress report every three months. If you would like receive a copy of this document directly please send your contact details through to Sarah O'Connor, [admin.caseconsulting@paradise.net.nz](mailto:admin.caseconsulting@paradise.net.nz).