

## Webinar Temperament Based Therapy with Supports (TBT-S)

EDFA, along with our state partners\*, is very proud to present the next issue of our webinar series on TBT-S. This webinar's topic is:



### “Adapting TBS-T to the Australian setting” with Dr Laura Hill, Carmel Fleming, Michelle Robertson, Jasmin Watson & Tamara Worotniuk

When : 10.30 am – 12:00 pm Eastern Aust. time, 8th September 2021

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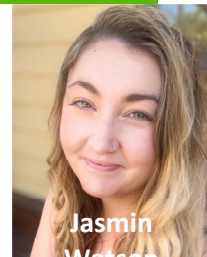
Dr Laura Hill



Carmel Fleming



Tamara Worotniuk



Jasmin Watson



Michelle Robertson

At this webinar, Dr Hill as discussant will lead Carmel Fleming of the Queensland Eating Disorder Service, Michelle Robertson of the Centre for Excellence in Eating Disorders, Tamara Worotniuk of Epworth Hospital and Jasmin Watson of Geelong Clinic in a panel discussion about the experience of applying TBT-S in Australia.

This session will provide you as clinicians with the insights from your colleagues on their experience of applying TBT-S in the Australian environment. Dr Laura Hill will present an overview of TBT-S as originally conceptualised. This will be followed by presentations by the above Australian clinicians on the way TBT-S is currently being incorporated into clinical practice in various Australian settings. These presentations will be followed by discussant comments from Laura Hill. The speakers will then form a panel for an audience Q&A (20 minutes) and closing comments will be delivered by EDFA representative, .

Please come prepared to raise questions and be ready for an active discussion. To facilitate claiming of PD points, certificates of attendance and the learning objectives will be provided to attendees.

**Price**      **\$55.00 Incl GST**

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\* EDFA greatly appreciates the support of our state partners:

- Queensland eating Disorder service (QuEDS)
- Inside Out Institute
- Victorian Centre for Excellence in Eating Disorders (CEED)
- Statewide Eating Disorder Service (SEDS)
- Western Australian Eating Disorder Outreach Consulting Service (WAEDOCS)

## **Biographies**

### **Dr Laura Hill, Ph.D. FAED, LLC**

Dr. Laura Hill is; an international eating disorder consultant focusing on brain-based eating disorder treatment, Clinical Assistant Professor in the Department of Psychiatry Ohio State University, Cofounder Academy for Eating Disorders in 1993. Former Director of The National Eating Disorder Association (NEDA) from 1990 to 1994 and, Founder, President & Chief Executive Office of The Center for Balanced Living, 2000-2017. From the early 1980's, Laura has researched eating disorders publishing in peer reviewed journals and since then with increasing focus on biological and brain-based research and treatment for eating disorders. Laura has co-lead development of brain-based treatment for anorexia nervosa with colleagues at the University of California, San Diego (UCSD) and The Center for Balanced Living. Laura is a recipient of the Muskingum University Distinguished Service Award in 2014 and NEDA's 2011 Lori Irving Award for Excellence in Eating Disorders Prevention & Awareness. Also, a 2012 TEDx speaker and presented internationally for over 35 years, author of, "A Brain-Based Approach to Eating Disorder Treatment," (Sept. 2017) an interactive electronic text for treatment providers to integrate the brain bases of eating disorders into their ongoing treatment practices. <https://www.brainbasedeatingdisorders.org>.

### **Carmel Fleming**

Carmel Fleming is a mental health professional with the Queensland Eating Disorder Service (QuEDS), where she is senior social worker providing supervision, consultation, and service development as well as coordination of QuEDS family services. Carmel is also a current PhD candidate with the School of Nursing, Midwifery and Social Work at the University of Queensland. Her research is examining the effectiveness of service provision to families of adults affected by eating disorders.

### **Tamara Worotniuk**

Tamara is a senior Clinical Psychologist at Epworth Hospital in Melbourne, where she provides direct client care, service development and clinical supervision. Tamara has worked with patients in private and public health over the past decade, primarily focusing on patients with Borderline Personality Disorder. It is through this work that Tamara has developed an interest in supporting patients with eating disorders. She is currently exploring how TBT-S can be applied across inpatient and outpatient settings.

### **Jasmin Watson**

Jasmin Watson is an Occupational Therapist at Barwon Health's Eating Disorder Service and coordinator of The Geelong Clinic's Eating Disorder Day Program. Jasmin is an experienced eating disorder therapist working with both adolescents and adults with eating disorders. She has a particular interest in embodiment practices and the use of yoga in the treatment of eating disorders.

### **Michelle Roberton**

Michelle is an Accredited Practising Dietitian with extensive clinical experience in the mental health sector, working with people with eating disorders in a wide range of public and private sector settings, and treatment modalities. At CEED Michelle has taken a senior clinical role in clinical consultation, the development and delivery of training for health professionals in the eating disorders treatment and recovery and in service development support.