

Pūrakau and Motivational Interviewing

Kia Ngātahi te waihoe
Ka huri te kei o te waka
Whatiwhati ngaru
Haere ki tua, papapounamu te moana
E topa, e rere ki te paerangi

Paddle as one
Turn the bow of the canoe
Cut through the waves
Go beyond to where the waters are flat
that you may soar & fly to the horizon



This interactive workshop is for Counsellors, Psychologists, Psychiatrists, Psychotherapists & Social Workers. You will:

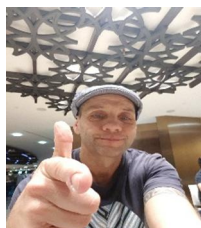
1. **UNDERSTAND:** How use of Pūrakau (Traditional Māori narratives of origin) and Motivational Interviewing Acknowledging the mana of each to make your conversations for change more powerful.
2. **KNOW:** The fundamental MI skills. Spirit of MI: partnership, acceptance, compassion & evocation. The 4 MI processes: engage, focus, evoke & plan. How to use reflective listening to shape a conversation to resolve ambivalence and strengthen commitment for change.
3. **PRACTICE:** Engaging in Storytelling of Pūrakau with discussion expanding and deepening themes of change and applicability of these narratives of origin with those yourself & those work with.
4. **STRENGTHEN:** Your confidence to use Pūrakau and MI in your practice.
5. **GAIN:** DAPAANZ registrationsrenewal points and a certificate of completion.

This training will be delivered twice via ZOOM from 9am to 5pm on Satur4th and Sunday 5th December 2021

Cost: 2 days \$450. Bank account details: 38-9015-0828346-00. Reference: Surname and first initial i.e Pickett T.

Once payment received, zoom meeting details will be sent out via e-mail. Spaces limited to 24. Invoice available on request.

Contact: tipene@kotukutraininandcounselling.org or via website <http://kotukutraininandcounselling.org/>



Tipene Pickett is of Ngati Kahungunu, German and Scots-Irish descent.

P Grad Cert Health Sciences, BA soc sci, Member of Motivational Interviewing Network of Trainers.

I have been a practitioner of Motivational Interviewing (MI) for the past 19 years and trainer of trainers for the past 11 years.

As a member of the Motivational Interviewing Network of Trainers means I'm part of a global community of people who share a similar vision of change and scrutiny of professional practice in order to be the most effective clinicians we can be by embracing the way of being MI offers. A fundamental aspect of my personal journey has been remembering who I am as Māori.

Over the years working for a Kaupapa Māori service I was blessed to have knowledge of my ancestors imparted to me and to witness the profound impact this knowledge had on those we worked with. This led to a special interest in the relationship and mana of Tikanga Māori, Te Reo, the Pōwhiri process and use of Pūrakau and Motivational Interviewing to deepen self awareness & conversations for change.