

Webinar Temperament Based Treatment with Supports (TBT-S)



EDFA, along with our state partners*, is very proud to present the next issue of our webinar series on TBT-S. This webinar's topic is:

Dr Stephanie Knatz-Peck discusses the topic of
“Using Temperament Based Treatment with Supports (TBT-S)
for Children and Adolescents with FBT as the Backbone”



When : 10:00 AM – 11:30 AM Australian
Eastern Standard-time, Tuesday the 31st of
May 2022

[Book now](#)

This webinar will outline the delivery of TBT-S treatment to children and adolescents with FBT as the backbone

In this webinar, Dr. Knatz-Peck will discuss how for children and adolescents, TBT-S can be used to complement traditional Family Based Treatment Approaches (FBT). TBT-S for children and adolescents focuses on using interactive and experiential exercises to educate family members on known brain alterations that lead to anorexia to build empathy and understanding. Additionally, TBT-S delivers parent-driven skills that address these brain disturbances and are catered towards the unique temperament and personality profile that often accompanies AN. This webinar will provide an overview of TBT-S for children and adolescents and review associated parenting and psychoeducational tools.

To facilitate claiming of PD points, certificates of attendance and the learning objectives will be provided to attendees. All registrants will receive access to the webinar recording and copies of presentation materials/slides

Price \$55.00 Incl GST **Trybooking link** <https://www.trybooking.com/BZHQB>

[Book now](#)

* EDFA greatly appreciates the support of our state partners:

- Queensland eating Disorder service (QuEDS)
- Inside Out Institute
- Victorian Centre for Excellence in Eating Disorders (CEED)
- Statewide Eating Disorder Service (SEDS)
- Western Australian Eating Disorder Outreach Consulting Service (WAEDOCs)

Stephanie Knatz Peck, Ph.D.

Assistant Clinical Professor

University of California, San Diego

Dr. Stephanie Knatz Peck is a licensed psychologist and Associate Clinical Professor of Psychiatry at the University of California, San Diego. She currently serves as program director for the Intensive Family Treatment Programs, an internationally known eating disorders treatment program at the world-renowned UCSD Eating Disorder Treatment Center. In addition to her clinical work, Dr. Peck is responsible for developing and testing novel, neurobiologically-based treatments for eating disorders at the UCSD clinic focused on targeting underlying mechanisms and training family members. In addition to program development and oversight, she continues to pursue her passion for helping others by providing direct clinical care for clients and family members affected by eating disorders. Dr. Peck has directly treated hundreds of clients and families over her career.

Dr. Peck has presented nationally and internationally on her work related to brain-based treatments and the Intensive Family Treatment Programs with world-renowned experts including Dr.'s Ivan Eisler and Daniel Le Grange, principal architects of family-based treatment for eating disorders; Dr. Walter Kaye, her mentor and a leading neuroscientist in the field of eating disorders, and Dr. Laura Hill. She frequently conducts continuing education seminars for professionals and has presented clinical workshops and intensive trainings for lead organizations in the field including the Academy of Eating Disorders/International Conference of Eating Disorders (ICED), National Eating Disorder Association (NEDA), and the International Association of Eating Disorder Professionals (IAEDP). Additionally, she co-runs bi-annual 2-day intensive trainings at the UCSD Eating Disorders Center for invited professionals.

Dr. Peck has co-authored nine book chapters and various original scientific articles on topics related to eating disorders including brain-based treatment. She is also the principal author of the Intensive Family Treatment Program therapist manual and continues to collaborate with other UCSD colleagues on other treatment development projects.

Webinar Recording

This webinar is designed for clinicians working in the field of eating disorders.

The webinar will be recorded and made available to those clinicians who subscribe to the webinar and other clinicians who choose to purchase the recording.

EDFA MAY choose to make the recording available to selected carers where EDFA is satisfied it is appropriate to do so.

Anonymity. The webinar will be conducted so that the identity of the participants remains anonymous. Questions and answers will be processed through the moderator. Any identification of participants during discussion if required, will be limited to first name only.

Temperament Based Treatment with Supports (TBT-S) Training

The TBT-S Training Institute is now operational with online training available <https://tbtstraining.com/>

The TBT-S treatment manual is now available in electronic and paper forms from Cambridge University Press and Amazon

<https://www.cambridge.org/core/books/temperament-based-therapy-with-support-for-anorexia-nervosa/2462EE220A0A4A486989C401A760AF89>

https://www.amazon.com/Temperament-Therapy-Support-Anorexia-Nervosa/dp/1009016806/ref=sr_1_1?keywords=Laura+Hill+temperament+based+therapy&qid=1637249414&sr=books&sr=1-1