

Alcohol and drug outcome measure (ADOM) - Alcohol main substance of concern

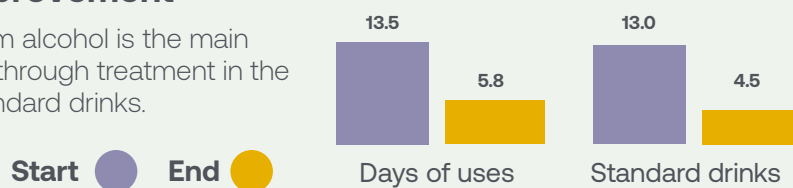


ADOM has been mandated to be offered to tāngata whai ora in community-based outpatient addiction services since July 2015. It comprises 20 questions divided into three sections covering: frequency of use of alcohol and drugs, lifestyle and wellbeing, and satisfaction with treatment progress and recovery.

This infographic uses PRIMHD data for the period January to December 2020 and provides selected information from [ADOM report 10](#). Matched pairs refers to treatment start and end collections for the same person.

Alcohol use matched pair improvement

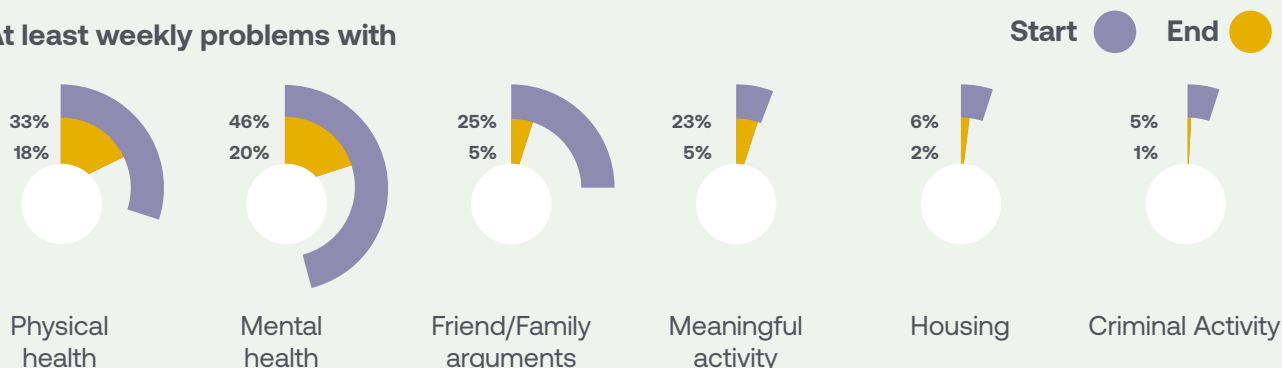
Outcomes for tāngata whai ora for whom alcohol is the main substance of concern show reductions through treatment in the number of days alcohol is used and standard drinks.



Lifestyle and wellbeing matched pair improvement

For people with alcohol as their main substance of concern, on average there are obvious improvements in their mental health, engagement in meaningful activities and fewer arguments with family and friends.

At least weekly problems with



Recovery goals matched pairs by main substance of concern

For people where alcohol is the main substance of concern, on average treatment is associated with progress in people achieving their goals for all age groups.

Average rating (10 is best possible)

