



Te Pou o te
Whakaaro Nui

www.tepou.co.nz

Do you know your HoNOS ratings?

Health of the Nation Outcome Scales (HoNOS) is a tool that measures changes in your health, wellbeing and circumstances over time.

HoNOS is completed by registered mental health professionals (clinicians) and can be used to support your recovery planning and progress.

Discuss your HoNOS ratings with your clinician or go to www.tepou.co.nz/honos to find out more.