

# Using the HoNOS family of measures to help plan for care and recovery in the team meeting

## 1 Are we the right service?

If no items score 2 or more, are we the right service?

We may be. There may be reasons not identified by the HoNOS measure that make our service right. However, if no items score 2 or above it's worth asking if the needs of the tāngata whai ora would be better met by a different service. Tāngata whai ora with scores of 2 or above may also benefit from transfer to a different service. Items scoring 1 or above on the secure items of HoNOS secure are also of clinical significance.

## 2 Check out the three C's

**Concordance:**

Do we all agree on the ratings given? This includes the rater, tāngata whai ora and other clinicians.

It does not need to be a debate. In general, the rater's scores should stand unless they decide to change it. However, there should be an opportunity for others to say they think a rating should be different and why. The rating may not change but this feedback is useful to help with recovery planning.

**Change:**

What has changed since the last HoNOS measure was completed? Include both positive and negative change.

A summary of the items that are better and worse and why they have changed if you know.

**Concerns:**

What are the areas of concern? What plans are, or should be, in place to address these?

For each item with a score of 2 (except for the secure items of HoNOS secure where it is 1) ask the question 'Do we need a plan to address this item now?'

If the answer is yes, develop a plan and ensure it is noted in the recovery plan.

For each item with a score of 3 or 4, a plan is needed!

## 3 Choose the top priority

Identify one, or at most two, items you would most like to see change in by the next rating.

It may or may not be the item that scores the highest, usually it will be the item you think you can most contribute to recovery for the tāngata whai ora.

For example, a person who scores 4 on self-harm would be a top priority as preventing self-harm allows other goals to be worked on over time.